Mental Health Coaching Resource List

Compiled by Barbara Griswold, LMFT

Updated 10.1.26

Since I no longer provide consultations, I sent a survey to a small number of therapy private practice coaches I had worked with or heard good things about, asking them to tell me about their services if they wanted to be included on this list. This list reflects their answers and subsequent updates. – BG

Disclaimer: Information on this list was provided by the individuals or agencies listed and has not been verified by Barbara Griswold. Information is subject to change. Inclusion does not imply endorsement.

BILLING SERVICES

Looking for someone to take over the billing for you? Check out my 2025-2026 Billing Service List of more than 100 mental health billers nationwide. Go to www.theinsurancemaze.com/store and look for the Billing Service List icon.

DOCUMENTATION / NOTES

Maelisa McCaffrey / QA Prep

https://www.qaprep.com **maelisa@qaprep.com**

- **In their own words:** "Whether you're drowning in overdue notes, getting conflicting feedback, or worried about what an auditor might find — there's real, practical help available. Dr. Maelisa McCaffrey has helped thousands of therapists feel confident about their documentation through judgment-free, reliable support. Her book, *Stress-Free Documentation for Mental Health Therapists*, is an Amazon bestseller and your go-to guide for all things clinical paperwork — complete with a full downloadable paperwork packet you can personalize for your practice."
- **Help provided**: "QA Prep specializes in helping therapists get on top of their documentation — including catching up on overdue notes. Resources cover progress notes, treatment planning, intake assessments, medical necessity, EHRs, supervision, AI, and more. Support is available for therapists at all stages, whether you're building good habits from the start or cleaning up a messy file."
- **Do you provide 1:1 consultations?** Yes
- **Can you assist with any of these Medicare subjects: Enrollment/Opting Out, Billing, Documentation, or Audits?** "I'm able to advise on Medicare Documentation and Medicare Audits only."

Documentation Wizard /Beth Rontal

www.DocumentationWizard.com bethrontal@documentationwizard.com 617-522-6111

- **In their own words:** "At Documentation Wizard we empower clinicians to provide the highest quality care by translating their clinical intuition and skill into simplified, structured, and effective documentation. Our unparalleled forms and comprehensive, practical trainings interweave the documentation with clinical thinking, helping clinicians pass audits and protect their income while protecting client confidentiality and maintaining professional integrity. All trainings and forms are developed to meet Medicare standards. All forms have been approved by two attorneys and a bioethicist."
- **Help provided:** "I've taught thousands of therapists how to do their documentation effectively and efficiently. I offer trainings, clinical and administrative forms, informed consents, and lists of intervention prompts. I also provide individual consultations including a "proactive review" of your notes for both insurance and non-insurance-based clinicians, and support if you're being audited by an insurance company or your records are reviewed due to a board complaint. I provide some general business coaching for solo practices. The Documentation Membership Circle offers on-going support for documentation with co-working sessions to catch up on notes, group consultations and coaching, expert interviews, and a curated resource library. I take anxiety-provoking and confusing topics and break

them down into digestible and actionable steps. I'm clear and direct, but also compassionate for all who struggle with documentation because we've all "been there."

- **Do you provide 1:1 consultations?** Yes
- **NOT a great fit would be:** Billing issues and how to get credentialed are not a good fit.
- **Can you assist with any of these Medicare subjects: Enrollment/Opting Out, Billing, Documentation, or Audits?** "Yes – with Medicare Documentation and Audits. Minimally with Billing – not my strong suit."

GENERAL PRACTICE COACHES / BILLING ASSISTANCE

Susan Frager / PsychBilling Coach

www.psychbillingcoach.com susan@psychbillingcoach.com 360-628-8612

- *From Barbara: "Susan is my go-to Medicare expert, plus she is one of the most knowledgeable humans I know when it comes to private insurance billing."*
- **In their own words:** Billing is easy - until it's not. You don't know what you don't know! Calling insurance isn't always successful, plus it takes a lot of valuable time. That's where I help. I get your denials paid, your rejections accepted, fight clawbacks, help negotiate reimbursement increases, work on anything complex, frustrating, or taking too much of your energy. I do a lot of credentialing, checking on vanished claims, improving workflows - anything you need to make your practice run more smoothly without spending a fortune on a full-time biller. In or out of network doesn't matter, government, military, and private insurance as well as worker compensation. I also offer an online resource (The Rescue Biller) available for a low monthly membership fee - any insurance question you run into, you can find the answer there. Or I'll find it for you! We're an active community and also offer Mastermind groups to provide support and solutions to common insurance headaches or practice profitability challenges. Free informational newsletter available at https://psychbillingcoach.com/newsletters/"
- **Help provided:** Insurance billing (for private insurance plans), Medicare billing, Medicare enrollment / opting out, Secondary billing issues, Insurance credentialing advice for solo practices, Insurance credentialing advice for group practices, Completing insurance applications for therapists, General business coaching for solo practices, Group practice coaching for groups who take insurance, Group practice coaching for self-pay groups, General documentation, not for insurance, Dealing with audits and records requests, Reviewing therapist consents and other forms, HIPAA compliance, Choosing technology, Advice on marketing and building a practice, issues related to dealing with employees and/or pre-licensed therapists, complex clawbacks, appeals/denials/rejections, finding out "the rules" & INCREASING REIMBURSEMENT RATES
- **Do you provide 1:1 consultations?** Yes
- **NOT a great fit would be:** Clinical documentation issues, ABA/autism coding, Ketamine-assisted tx, TMS billing.
- **Can you assist with any of these Medicare subjects: Enrollment/Opting Out, Billing, Documentation, or Audits?** **"**Yes to all of the above. It's probably 75% of what people contact me for."

Fran Wickner, PhD. LMFT

www.franwickner.com franwickner@hotmail.com 510-527-4011

- **In their own words:** "For over 35 years I have been helping therapists build and expand their practices. I help new therapists get started and experienced clinicians keep their practices full, both with and without insurance. Consultation areas include: How do I keep my practice full? How to get on insurance/managed care/EAP provider panels? What if I want only a fee-for-service practice? How to set fees and how to raise fees with private pay clients. Asking the insurance companies for a raise. Ideas of additional income sources such as teaching, presenting workshops, writing books. Networking. Websites. I also have a special niche on what I have coined "incremental retirement" commonly called taking a sabbatical or a career break. Taking breaks throughout your career is the perfect way to reset and avoid burnout. I have done this 6 times and can show you how to do it!"
- **Help provided:** General business coaching for solo practices, Group practice coaching for groups who take insurance, Group practice coaching for self-pay. Reviewing therapist consents and other forms, Advice on marketing and building a practice. Website assistance (writing text and/ or SEO), starting a private practice, setting fees, getting raises from insurance companies.
- **Do you provide 1:1 consultations?** Yes
- **Not a great fit would be:** Legal questions.
- **Can you assist with any of these Medicare subjects: Enrollment/Opting Out, Billing, Documentation, or Audits?** "Yes – Medicare enrollment/opting out"

GJV Consulting and Training / Gabrielle Juliano-Villani
medicareconsultingfortherapists.com and gabriellejulianovillani.com
hello@gabriellejulianovillani.com 303-884-9682

- **In their own words:** "Gabrielle Juliano-Villani offers consulting services focused on helping mental health providers, including solo and group practice owners and large mental health tech companies, navigate the complexities of Medicare/ Medicaid billing, credentialing, and documentation. She provides tailored support including 1:1 coaching, online courses, and resources to help therapists streamline their billing processes. She specializes in audits and documentation and is very familiar with Optum and Medicare criteria. She also offers practice audits, templates for documentation, and audit-proof strategies to ensure compliance with commercial insurance, Medicare, and Medicaid. Gabrielle also offers broader coaching aimed at preventing burnout and helping clinicians scale their operations. This includes business mindset coaching, training on stress and burnout management, scaling into group practice or adding income streams, and hosting wellness retreats focused on healing and emotional regulation."
- **Help provided:** Insurance billing (for private insurance plans), Medicare billing, Medicare enrollment / opting out, Insurance credentialing advice for solo practices, Insurance credentialing advice for group practices, General business coaching for solo practices, Group practice coaching for groups who take insurance, Group practice coaching for self-pay groups, Insurance documentation, General documentation, not for insurance, Catching up with documentation, Dealing with audits and records requests, Reviewing therapist consents and other forms, HIPAA compliance, Advice on marketing and building a practice, issues related to dealing with employees and/or pre-licensed therapists, Medicaid consulting: regulatory risk, compliance, and documentation in all states
- **Do you provide 1:1 consultations?** Yes
- **NOT a great fit would be:** Brand new practice owners (typically can't afford my rates).
- **Can you assist with Medicare subjects: Enrollment/Opting Out, Billing, Documentation, or Audits?** "Yes, we advise therapists on all things Medicare, including credentialing, enrollment, billing, documentation and audits."

Frances J. Harvey, MCPC / My Solution Services, and Therapist Headquarters
www.mysolutionservices.com and www.therapistheadquarters.com
frances@mysolutionservices.com 562-774-3636

- **In their own words:** "We have served the mental health world of professional clinicians for 18 years. My Solution Services was one of the first on the scene to serve clinicians in private and groups virtually for practice management. When you can't (and shouldn't) do it all alone, you need support but want someone who knows and understands your work… This is what we do! It's TIME to reach out. One Solution ~ Multiple Services.
Founder of TherapistHeadquarters.com – THQ is the all-inclusive destination created just for Therapists. We are a "LIVING" resource that is constantly growing, adding and updating so you can easily keep up to date on latest books, resources and more other clinicians are using, love and recommend. Imagine having all the latest resources, books, tools, furniture, and everything else you need to keep your practice and business successful, available at your fingertips, 24/7, and recommended by those you trust... your colleagues! For less than your monthly coffee runs, you will have access to our amazing curated, easy-to-search database."
- **Help provided:** Master Certified Professional Coaching specializing in mental health Practice/Business strategy, structure, growth, and maintenance for both solo and group practices. She will guide you through the daily navigation of the business side in private practices. Prepares clinicians who want to grow from a solo to group practice, including hiring and staff management. Her team provides Intake Coordinating, Simple Practice Training, Form Integration to EHRs, QuickBooks Bookkeeping, Client Credit Card Processing, Verification of Benefits, Systems Set up, Co-writing and Blogging, Website updates and maintenance, and more. They provide Insurance Billing Services (currently through Simple Practice only), excluding Medical and Medicare.
- **Do you provide 1:1 consultations?** Yes
- **NOT a great fit would be:** Clinicians that are not willing to invest in THE BEST for their practice. The ones that are more concerned about "how much is it" and not "is it the best fit for my business/practice."
- **Can you assist with Medicare Enrollment/Opting Out, Billing, Documentation, or Audits?** No

Practice of the Practice / Joe Sanok
www.practiceofthepractice.com joe@practiceofthepractice.com Text 231-422-0677

- **In their own words:** "Practice of the Practice helps you build a thriving private practice you absolutely love. With eight consultants, and a membership community of over 250 they can help you at every stage of practice. In The Practice Academy, there are three tracks: Sustainable Solo Practice, Group Practice Launch, and Sustainable Group Practice. As well, they offer retreats and the Group Practice Conference. Practice of the Practice is the leading voice in the private practice business consulting world. With over 60k listens to the podcast and over 1,300 episodes, they

are the information hub to help you implement faster. The easiest way to get help is to schedule a free pre-consulting meeting with Joe to discuss what you're doing and where you are headed. He'll help you decide on consulting, membership services, or just give some free advice: www.practiceofthepractice.com/apply The also have eight other consultants who help with every phase of practice (solo-group, W2-1099, insurance-mixed-private pay, etc.)."

- **Help provided:** General business coaching for solo practices, Group practice coaching for groups who take insurance, Group practice coaching for self-pay groups, Advice on marketing and building a practice, Website assistance (writing text and/ or SEO), selling and buying a practice, and leveling up beyond practice (books, podcast, and consulting) also issues related to dealing with employees and/or pre-licensed therapists, We help private practice owners to build a thriving practice they absolutely love through our consulting, membership community, and behind-the-scenes support
- **Do you provide 1:1 consultations?** Yes
- **NOT a great fit would be:** We don't do insurance billing, credentialing, or state-specific audits.
- **Can you assist with Medicare subjects: Enrollment/Opting Out, Billing, Documentation, or Audits?** No

Kym Tolson: Bill Like a Boss

https://kymtolson.kartra.com/page/blab info@kymtolson.com 804-615-7945

- **In their own words:** "Kym Tolson is a therapist, digital nomad, and founder of "Bill Like a Boss," where she empowers insurance-based therapists to streamline their practices and maximize earnings through effective billing strategies. Kym has a free community called "Insurance Billing for Telehealth Practitioners" on FB where we support therapists who are learning to bill insurance. Kym & the Bill Like a Boss team's passion lies in helping therapists grow successful, sustainable practices while embracing their ideal lifestyles"
- **Help provided:** Insurance billing (for private insurance plans), Medicare billing, Medicare enrollment / opting out, Secondary billing issues, Insurance credentialing advice for solo practices, Insurance credentialing advice for group practices, General business coaching for solo practices, Group practice coaching for groups who take insurance, Group practice coaching for self-pay groups, Insurance documentation, General documentation, not for insurance, Catching up with documentation, Dealing with audits and records requests, Interstate therapy advice, Choosing technology, Advice on marketing and building a practice, Using AI to Run Your Private Practice and Living as a Traveling Therapist/digital nomad and navigating telehealth rules and regulations.
- **Do you provide 1:1 consultations?** Yes, our certified billers at Bill Like a Boss offer free 15-minute consultations Meet with Annie: https://calendly.com/annie-145/15-minute-insurance-billing-private-practice-free/ All members of Bill Like A Boss can meet with us live in our weekly consultation meeting with our two certified billers.
- **NOT a great fit would be:** "We do not do a therapist's billing/credentialing for them. We empower them to learn how to do it on their own at Bill Like a Boss"
- **Can you assist with any of these Medicare subjects: Enrollment/Opting Out, Billing, Documentation, or Audits?** "Yes, we have three certified billers in my program "Bill Like A Boss," and we provide live meetings every week to support our members with these topics. They must be a member of our program to receive this."

Khalili Advising

www.davidfkhalili.com contact@davidfkhalili.com 415-448-6743

- **In their own words:** "I consult with solo and group practice owners looking to improve marketing and systems implementation. With my former IT background and leading trainings on the law and ethics of AI use in mental health, I can help with HIPAA-compliance with the use of AI in your practice. Best fit would be assisting solo and group practice owners seeking advising on marketing and systems implementation. I help practice owners find the marketing style that matches their personality and passion."
- **Help provided:** General business coaching for solo practices, group practice coaching for groups who take insurance, group practice coaching for self-pay groups. Reviewing therapist consents and other forms. Clinical case consultation. HIPAA compliance. Interstate therapy advice. Choosing technology, advice on marketing and building a practice. Website assistance. Issues related to dealing with employees and/or pre-licensed therapists.
- **Do you provide 1:1 consultations?** Yes
- **NOT a great fit would be:** Deep dive into insurance billing, or doing insurance billing for the clients.
- **Can you assist with Medicare subjects: Enrollment/Opting Out, Billing, Documentation, or Audits?** No

Tame Your Practice / Rob Reinhardt

www.tameyourpractice.com rob@tameyourpractice.com (919) 578-8263 (TAME)

- **In their own words:** "Rob Reinhardt, LPCS, M.Ed., NCC is a nationally recognized expert regarding technology and business considerations of behavioral health private practice. He realizes that there isn't a single business model that results in success, and is able to adapt business plans, and technology solutions, to different situations. Rob can address all facets of your private practice or agency, including the areas many practitioners need help with like Technology, Business, Marketing, and Finances. Whether you need focused help in one area of your business, or a comprehensive consultation, Rob will help you craft a plan that fits your goals and vision for your practice."
- **Help provided:** General business coaching for solo practices, Group practice coaching for groups who take insurance, Group practice coaching for self-pay groups, Legal and ethical advice, Clinical case consultation, HIPAA compliance, Interstate therapy advice, Choosing technology, issues related to dealing with employees and/or pre-licensed therapists, Everything tech/ethics/HIPAA, along with comprehensive business analysis
- **Do you provide 1:1 consultations?** Yes
- **A great fit would be:** People looking for 1:1 consultation and focused attention in any of the areas I address.
- **NOT a great fit would be:** Those looking for co-ops or packages or a "one size fits all" template to follow.
- **Can you assist with Medicare subjects: Enrollment/Opting Out, Billing, Documentation, or Audits?** No

Zynnyme / Miranda Palmer and Kelly Higdon

www.zynnyme.com Help@zynnyme.com 810-689-9669

- **In their own words:** Miranda: "I love helping therapists holistically and ensuring their lives and business have a strong foundation. Whether you've been in practice for 30 years or will launch next week our Business School for Therapists will walk alongside you as you develop a holistic plan to experience the changes you need in your life and practice" Kelly: "I have helped thousands of private practice owners to build sustainable, outcome-driven and profitable solo or group practices. I am holistic in my coaching and integrate energy work and breathwork."
- **Help provided:** General business coaching for solo practices, Group practice coaching for groups who take insurance, Group practice coaching for self-pay groups, Reviewing therapist consents and other forms, Clinical case consultation, Choosing technology, Advice on marketing and building a practice, Website assistance (writing text and/ or SEO), issues related to dealing with employees and/or pre-licensed therapists, Financial or tax advice for therapists, Business Planning for Therapists
- **Do you provide 1:1 consultations?** Yes, some members of our team are available for 1:1.
- **NOT a great fit would be:** Therapists who want to outsource their business 100% and aren't willing to learn what they are outsourcing. Therapists who want to go the non-profit route. People who aren't sure about what they want in their career. We aren't your insurance billers or experts here- but we can help you navigate a plan to negotiate raises or get off panels.
- **Can you assist with Medicare Enrollment/Opting Out, Billing, Documentation, or Audits? "**We have some resources on Medicare opting out, but for most Medicare questions we refer therapists to experts like Susan Frager."

Clearly Clinical / Beth Irias

https://www.clearlyclinicalconsulting.com/ info@clearlyclinical.com 805-996-0604

- **In their own words:** ."Beth Irias, founder of Clearly Clinical Podcast Continuing Ed, offers expert consultation in clinical documentation, Feedback Informed Treatment, and Utilization Review. Specializing in training clinicians to improve utilization review outcomes. Beth also conducts documentation audits for mental health providers and attorneys, addressing issues like insufficient insurance authorizations, clawbacks, and pay source audits. She helps providers streamline documentation, and trains teams on best practices to stay compliant and efficient."
- **Help provided:** Group practice coaching for groups who take insurance, Insurance documentation, General documentation, not for insurance, Dealing with audits and records requests, Legal and ethical advice, Clinical case consultation, Improving Utilization Review outcomes. IOP/PHP/Residential mental health centers looking to improve insurance authorizations through URs and enhance documentation of medical necessity
- **Do you provide 1:1 consultations?** Yes
- **NOT a great fit would be:** Private practice building, billing, establishing contracts with insurance companies

AbundantPractices / Bea and Sean Armstrong
www.abundantpractices.com
bea@abundantpractices.com sean@abundantpractices.com

- **In their own words:** "As a therapist who's been in private practice for more than three decades and has built one of the top-grossing practices in the country, and a digital marketer who's been helping mental health professionals market and grow their practices and online businesses for more than two decades, we know the mental health marketing landscape inside and out and are passionate about helping therapists reach and help more people and make the world a healthier place for everyone."
- **Help provided:** "Coaching for mental health professionals, marketing consultation for solo and group practices, DIY marketing training for therapists, business process optimization and automation for solo and group practices, help choosing a niche and creating a complete marketing plan, website design and development, ongoing SEO, website copywriting, Google Ads campaign setup and management, Facebook and Instagram advertising, and organic social media marketing … whether you want to learn how to do it all yourself or have us do a lot of it for you, we'll do everything we can to get you more clients so you can focus your time and energy on doing great work you love."
- **Do you provide 1:1 consultations?** Yes
- **NOT a great fit would be:** Insurance/billing-related issues, professionals who aren't interested in investing in themselves, their knowledge, and the growth of their businesses.
- **Can you assist with Medicare Enrollment/Opting Out, Billing, Documentation, or Audits?** No

The Private Practice Startup
Kate Campbell and Katie Lemiex
www.privatepracticestartup.com Kate@theprivatepracticestartup.com (email goes to both)

- **In their own words:** "We offer:
  - Attorney-Approved Private Practice Paperwork - The Private Practice Startup is the premier place for all your Private Practice Paperwork needs. Forms come in packages or a la carte. Forms are attorney-reviewed and approved. Don't waste your precious time or money paying expensive attorney fees creating paperwork on your own. https://www.privatepracticestartup.com/private-practice-paperwork
  - Private Practice Marketing E-Course - You deserve to have your dream private practice without wasting precious time, energy, and money learning things the hard way. Let us help you fast track your practice success with the Private Practice Marketing E-Course. https://fillyourpracticetoday.com/ecourse/"
- **Help provided:** General documentation, not for insurance, Advice on marketing and building a practice
- **Do you provide 1:1 consultations?** No
- **NOT a great fit would be:** Insurance-based referrals, legal matters, 1 on 1 coaching.
- **Can you assist with Medicare Enrollment/Opting Out, Billing, Documentation, or Audits?** No

Lynn Grodzki
Private Practice Success
Privatepracticesuccess.com and Therapistretirement.com
Lynngrodzki@gmail.com 301-434-0766

- **In their own words:** "Business coaching and consultation for therapists and other change-agents for all stages of practice development, including retirement. Author of seven books including: Building Your Ideal Private Practice (Norton, 2015); The Business and Practice of Coaching; Therapy with a Coaching Edge; Letting Go of the Work You Love (PESI, 2025.)"
- **Help provided:** General business coaching for solo practices, Group practice coaching for self-pay groups, Advice on the psychology of small business development, Marketing and building a practice
- **Do you provide 1:1 consultations?** Yes
- **NOT a great fit would be:** "I don't consult on insurance issues."
- **Can you assist with Medicare subjects: Enrollment/Opting Out, Billing, Documentation, or Audits?** No

continued

GROUP PRACTICE COACHES

(See also those listed above that coach both solo and group practices)

Group Practice Success / Ernie Schmidt and Ken Urie

www.grouppracticesuccess.com Ernie Schmidt: schmidt@paloaltotherapy.com Ken Urie: ken@kenurie.com

- **In their own words:** After years of building their own large group psychotherapy practices, Ernie Schmidt and Ken Urie teamed up to help other practice owners grow their businesses. In 2017, they launched their signature coaching program, Group Practice Success (GPS), drawing on key principles from their years in a business mastermind group that fueled their own success. Since then, Ken and Ernie have helped ambitious group practice owners across North America overcome obstacles, expand their visions, and achieve — and even exceed — their personal and professional goals. Passionate about the group practice model, Ken and Ernie focus on time-tested, data-driven strategies and foster a growth mindset to help create sustainable, thriving businesses. Their mastermind coaching programs support owners at various stages of development, each including annual live events in sunny destinations where members refine their business skills and strengthen connections.
- **Help provided:** Insurance billing (for private insurance plans), Insurance credentialing advice for group practices, Group practice coaching for groups who take insurance, Group practice coaching for self-pay groups, Advice on marketing and building a practice, Issues related to dealing with employees and/or pre-licensed therapists, Financial or tax advice for therapists
- **Do you provide 1:1 consultations?** Yes. Both Ken and Ernie provide 1:1 business consultation for group owners.
- **NOT a great fit would be:** Solo practitioners
- **Can you assist with Medicare subjects: Enrollment/Opting Out, Billing, Documentation, or Audits?** No

The Group Practice Exchange

https://thegrouppracticeexchange.com/ hello@thegrouppracticeexchange.com

- **In their own words:** "Maureen Hermann, LCPC, is a business strategist and founder of multiple businesses in the mental health space, including Urban Wellness®, a multi-location group practice in Chicago and The Group Practice Exchange®. She helps group practice owners step out of the daily grind and into their true role as visionaries — building leadership teams, accountability structures, and businesses that actually support their lives, not consume them."
- **Help provided:** Supporting new and established group practice owners on scaling, leadership, hiring strategies, staff management, and accountability.
- **Do you provide 1:1 consultations?** Yes
- **NOT a great fit would be:** Therapists who are content with solo practice.
- **Can you assist with Medicare Enrollment/Opting Out, Billing, Documentation, or Audits?** No

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TELEHEALTH / HIPAA

Person Centered Tech / Liath Dalton

www.personcenteredtech.com

info@personcenteredtech.com 503-893-9717

- **In their own words:** "Person Centered Tech is a trusted partner for solo and group mental health practices seeking to navigate the complexities of HIPAA compliance and risk management while centering client care. PCT offers a comprehensive HIPAA security compliance program consisting of direct consultation, HIPAA Security risk analysis & mitigation planning, device and workspace security support, and Policies & Procedures, and training. PCT provides high-quality, legal-ethical Continuing Education trainings and a Telemental Health Certificate Program, ensuring that mental health professionals are well-equipped to provide safe and effective care. With Person Centered Tech, you're not just meeting compliance and ethics standards; you're optimizing the overall quality of your practice."

- **Help provided:** HIPAA compliance, Interstate therapy advice, Choosing technology, Continuing Education, specializing in legal-ethical CE trainings, including role-based HIPAA and Teletherapy assignable staff trainings. National CE provider approval by APA and NBCC.
- **Do you provide 1:1 consultations?** Our Practice Care Premium services, Solo Practice Care Premium and Group Practice Care Premium, provide access to our weekly (live and recorded) direct support and consultation services, Office Hours and Group Practice Office Hours.
- **NOT a great fit would be:** "PCT is not an IT firm and does not provide remote device troubleshooting.".

Center for Connected Health Policy (CCHP)
https://www.cchpca.org/ info@cchpca.org https://www.cchpca.org/contact-us/

- **In their own words:** From their website: "CCHP is a non-profit, nonpartisan organization working to maximize telehealth's ability to improve health outcomes, care delivery, and cost-effectiveness. Our expertise in telehealth policy was recognized in 2012 when we became the federally designated National Telehealth Policy Resource Center. We also offer reports on telehealth trends and upcoming legislation. We offer many services, including our free database of state and federal telehealth policies, with up-to-date laws and regulations across over 20 telehealth topics. These include federal policies (Medicare) as well as the telehealth laws in each state, including laws regarding coverage parity and payment parity, and Medicaid and private payer coverage."
- **From Barbara:** *"This is an awesome website with so much free info on telehealth policies and laws – I consult it regularly! I have also emailed them with questions and they responded."*
- **Do you offer consultations?** We offer a consultation service called "Ask a policy expert: Our team is nationally recognized as some of the most knowledgeable telehealth policy experts in the country. We offer two tiers of technical assistance. Tier 1 is available for free via phone or email to anyone interested in learning more about telehealth policy. Tier 2 is our consultation service, which provides a deeper, more intense dive into a specific policy area. To engage either tier, get started by filling out the form at https://www.cchpca.org/contact-us/ "

ATTORNEYS

Eric Strom / Strom Consulting (Washington State)
www.strom-consulting.com eric@strom-consulting.com 206-295-0076

- **In their own words:** "I provide consultation on the ethical standards of care for behavioral health providers. In addition, I provide legal consultation regarding the regulation of behavioral health providers under Washington State and federal law."
- **Help provided:** Legal and ethical advice
- **Do you provide 1:1 consultations?** Yes
- **A great fit would be:** Clinicians nationwide seeking consultation on the ethical standards of care for behavioral health providers. Clinicians seeking legal consultation regarding the regulation of behavioral health providers under federal law. Clinicians in Washington state seeking legal consultation regarding the regulation of behavioral health providers under Washington State law.
- **NOT a great fit would be:** Clinicians looking for LEGAL advice in states other than Washington, and clinicians who need representation in litigation.

Dan Pepitone Law (New York)
www.pepitonelaw.com Dan@pepitonelaw.com 646-582-0265

- **In their own words:** "I provide legal support to therapists in private practice. I help my clients build their practice with PLLC formation support, client documents, employment agreements and more. I also provide advice on acute issues like client terminations and releasing client records."
- **Help provided:** General business coaching for solo practices, Group practice coaching for self-pay groups, General documentation, not for insurance, Catching up with documentation, Reviewing therapist consents and other forms, Legal and ethical advice, Responding to subpoenas, HIPAA compliance, Interstate therapy advice, Advice on marketing and building a practice, issues related to dealing with employees and/or pre-licensed therapists
- **Do you provide 1:1 consultations?** Yes
- **A great fit would be:** New therapists who would like help starting their practice and therapists in established private practice looking to update their documents and procedures and/or expand as a group practice
- **NOT a great fit:** Disputes between therapists (employer/employee generally) or in disciplinary matters.
- **Can you assist with any of these Medicare Enrollment/Opting Out, Billing, Documentation, or Audits?** No